



















March 2019



<p>Each day St. Elizabeth Ann Seton offers 5-7 different kinds of fresh fruits and vegetables on the salad bar. Students are encouraged to take some these items every day, only when the school offers a hot vegetable will they be listed on the menu. Milk is offered daily with a choice of nonfat chocolate and white milk.</p>				<p>Chicken nuggets  Carrots 1</p>
<p>Ham Sub  Broccoli 4</p>	<p>Turkey n Gravy Mashed potatoes  Dinner roll 5</p>	<p>Cheese Quesadillas  corn Refried beans 6 Ash Wednesday</p>	<p>Cheese or Peperoni Pizza  Green beans 7</p>	<p>Toasted cheese Sandwich  Tomato soup Mixed Veggies 8</p>
<p>Spaghetti w/ meat sauce  Bread Broccoli 11</p>	<p>Hamburger  French Fries 12</p>	<p>Hard or Soft Taco's  Corn Refried beans 13</p>	<p>Hot dog  Carrots 14</p>	<p>Breadstick w cheese  Mixed veggies 15</p>
<p>Chicken parmesan slider  Mixed veggies 18</p>	<p>Grilled Chicken breast Mac n Cheese  Peas 19</p>	<p>Nachos  Corn Refried beans 20</p>	<p>Chicken nuggets  Carrots 21</p>	<p>Cheese Pizza  Green beans 22</p>

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