





















February 2019



| | | | | |
|--|---|--|--|---|
| <p>Each day St. Elizabeth Ann Seton offers 6-8 different kinds of fresh fruits and vegetables on the salad bar. Students are encouraged to take some these items every day, only when the school offers a hot vegetable will they be listed on the menu. Milk is offered daily with a choice of nonfat chocolate and white milk.</p> | | | | <p>Cheese or Peperoni Pizza</p>  <p>Green beans</p> <p>1</p> |
| <p>Grilled Chicken breast Mac n Cheese  Mixed Veggies 4</p> | <p>Breadstick w cheese  Mixed veggies 5</p> | <p>Cheese & Chicken Quesadillas  corn Refried beans 6</p> | <p>Chicken nuggets  Carrots 7</p> | <p>Spaghetti w/ meat sauce  Bread Broccoli 8</p> |
| <p>Hot dog  Carrots Baked beans 11</p> | <p>Nachos  Corn Refried beans 12</p> | <p>Ham Sub  Broccoli 13</p> | <p>No School</p> | <p>No School</p> |
| <p>Hard or Soft Taco's  Corn Refried beans 18</p> | <p>Toasted cheese Sandwich  Tomato soup Mixed Veggies 19</p> | <p>Cheese or Peperoni Pizza  Green beans 20</p> | <p>Turkey n Gravy Mashed potatoes  Dinner roll 21</p> | <p>Hamburger  French Fries 22</p> |
| <p>Hot dog wrap  Carrots Baked beans 25</p> | <p>Grilled Chicken breast  Mac n Cheese Mixed Veggies 26</p> | <p>Spaghetti w/ meat sauce  Bread Broccoli 27</p> | <p>Nachos  Corn Refried beans 28</p> | |

USDA is an equal opportunity provider and employer.