






















September 2018



Each day St. Elizabeth Ann Seton offers 6-8 different kinds of fresh fruits and vegetables on the salad bar. Students are encouraged to take some these items every day, only when the school offers a hot vegetable will they be listed on the menu. Milk is offered daily with a choice of nonfat chocolate and white milk.

<p>Labor day</p> <p>No School</p> <p>3</p>	<p>Breadstick filled w/cheese</p>  <p>Green beans</p> <p>4</p>	<p>Hot dog</p>  <p>Broccoli</p> <p>Baked beans</p> <p>5</p>	<p>Nachos</p>  <p>Corn</p> <p>Refried beans</p> <p>6</p>	<p>Ham Sandwich Kaboobs</p>  <p>Mixed veggies</p> <p>7</p>
<p>Chicken parmesan slider</p>  <p>Mixed veggies</p> <p>10</p>	<p>Mini Corn dogs</p>  <p>Tater tots</p> <p>11</p>	<p>Hard or Soft Taco's</p>  <p>Corn</p> <p>Refried beans</p> <p>12</p>	<p>Cheese or Peperoni Pizza</p>  <p>Peas</p> <p>13</p>	<p>Chicken nuggets</p>  <p>Carrots</p> <p>14</p>
<p>Grilled Chicken breast</p>  <p>Mac n Cheese</p> <p>Green beans</p> <p>17</p>	<p>Toasted cheese Sandwich</p>  <p>Tomato soup</p> <p>Peas</p> <p>18</p>	<p>Spaghetti w/ meat sauce</p>  <p>Bread</p> <p>Mixed veggies</p> <p>19</p>	<p>Nachos</p>  <p>Corn</p> <p>Refried beans</p> <p>20</p>	<p>Grilled chicken legs</p>  <p>Tater tots</p> <p>21</p>
<p>Ham sub</p>  <p>Mixed veggies</p> <p>24</p>	<p>Chicken n cheese Taquitos</p>  <p>Corn</p> <p>Refried beans</p> <p>25</p>	<p>Hot dog wrap</p>  <p>Baked beans</p> <p>carrots</p> <p>26</p>	<p>Hamburger</p>  <p>French Fries</p> <p>27</p>	<p>Cheese or Peperoni Pizza</p>  <p>Green beans</p> <p>28</p>

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